



CUZ Photography Club
苏黎世中国人协会摄影俱乐部
www.cuz-online.org
photoclub.cuz@gmail.com

Hiking & Shooting in Spring/Summer
Saturday, June 11, 2011
Ruin Aulta – Switzerland's "Grand Canyon"

[English version below]

主题： 踏青一日

时间： 2011年6月11日

地点： Ruin Aulta – 瑞士大峡谷



行程安排：

6: 20 在苏黎士火车总站大钟表前碰头（请在此之前自己购买好火车票）。

6: 37 上苏黎士—库尔（Chur）列车，乘火车从苏黎士总站出发。

7: 52 在库尔（Chur）下车，之后快速步行到 11 站台。

7: 56 乘到 Ilanz - Disentis 的火车。

8: 16 在 Versam-Safien 下车。

建议如下回程时间：

16: 24 从 Flims Waldhaus 乘邮车返回，16: 57 至库尔（Chur）。

17: 09 乘火车由库尔（Chur）开往苏黎士（18: 23 到达）。

徒步特点：

“Ruin Aulta”一个浪漫的名字，是莱茵河上游的一段从 Ilanz 到 Reichenau 的峡谷，在 Graubünden 州内。该峡谷成形于巨大岩石的自然脱落，由此人们称之为瑞士大峡谷。这里除了给当地风景锦上添花的 Rhätisch 火车行驶之外，没有其它机动车驶入大峡谷。我们在 Versam-Safien 小站下车，蜿蜒的河流，奇异的山谷和入画的列车会给摄影提供绝佳的画面；顺流而下，穿过行驶着火车的大桥，沿着峡谷的左侧开始攀爬，轻轻松松走过只有 500 米高度的山道；登上在 Conn 新建的峡谷观景台，整个蜿蜒跌宕的大峡谷尽收眼底；悠闲走入清爽、鸟声袅绕的森林，在天蓝幽静的 Cauma 湖边散步、摄影；最后我们到达 Flims Waldhaus 度假区----这次徒步的目的地，沿街漫步，或者抽空享用迟到的午餐，我们的徒步在轻松、舒畅和愉悦中落下帷幕。



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交通费用:

以下是网上查到的票价, 仅供参考。

Zurich HB----Versam 车票 22.50 法郎/人 (有半价卡) 或 45 法郎/人。

Flims Waldhaus----苏黎士车票 25.60 法郎/人 (有半价卡) 或 51.20 法郎/人。

注意: 在购买以上行程的车票时, 请在售票窗口说明苏黎士到达 Versam 去程和 Flims Waldhaus 至苏黎士的返程车票。

联系人: 张红霞 (079 766 9176), 龚广海 (076 412 0323)

活动报名:

憋了一个冬天没有好好摄影的朋友们应该能够大显身手啦! 相信这次春季踏青能给喜欢摄影的我们提供绝好的素材。

请确定参加这次活动的俱乐部成员在 **6月9日** 通过下面的网上表格注册, 以便于在时间变动情况下便于组织者的通知联系。

<https://spreadsheets.google.com/viewform?hl=en&formkey=dExVSEVLQ0FCMzJrdG5lVVZKU1RHaWc6MA#gid=0>

友情提醒:

1. 因为要爬山, 这次活动不太适合小孩子参加。敬请谅解。
2. 根据天气情况和气温的变化, 请大家务必带好暖衣; 同时为了防晒需要使用防晒霜。
3. 请穿鞋底较硬的专用徒步鞋 (不是常规旅游鞋)。
4. 徒步期间山里没有任何饭馆和餐厅 (仅仅在开始徒步和徒步结束的地方有餐厅), 请大家自带食品和足够的饮用水。
5. 对摄影装备, 技术没有任何要求, 热烈欢迎大家参加。也欢迎非成员一起出行。
6. 因为天气原因, 如果6月11日此次春游不能出行, 计划将更改到6月13日星期一, 请查看 Email 通知和关注论坛信息。

免责声明:

所有参加者在参加活动时自担风险, 自主决定保险事宜。如有财产损失或人身伤害, 活动组织者及 CUZ 摄影俱乐部均不承担法律、经济及其他连带责任。

有关信息:

http://www.wandersite.ch/Tageswanderung/523_Graubunden.html



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[English Version]

Topic: spring hiking tour 2011

when: Saturday 11 June

where: Ruin Aulta – Switzerland's "Grand Canyon"



Time table:

06:20 meeting point Zurich HB (please organize the train tickets yourselves)

06:37 train departs from Zurich HB, destination Chur

07:52 get off the train at Chur – move quickly to track 11

07:56 train departs towards Ilanz - Disentis

08:16 get off the train at Versam-Safien

Suggested schedule for return to Zurich:

16:24 bus departs from Flims Waldhaus Caumasee to Chur (arrival 16:57)

17:09 train departs from Chur to Zurich HB (arrival 18:23)

Character of the tour:

"Ruin Aulta" is the roman name of the upper Rhine gorge between Ilanz and Reichenau in the canton Graubünden. It is a wild gorge formed by erosion of a pre-historic huge rock-fall site, and is also labeled "Grand Canyon of Switzerland". Apart from the picturesque track of the Rhätische Bahn, no motorized traffic is running through this gorge. After getting off the train at the small station of Versam-Safien, we take some time shooting pictures of the meandering river, the bizarre valley sides, and possibly the pretty trains passing by. Slowly moving downstream, we cross the river on a railway bridge and start climbing up the left-hand side of the gorge on a good path. Here, 500 meters of altitude difference have to be climbed up, but we don't need to hurry. From the newly-built viewing platform at Conn we get a spectacular bird's-eye view of the Ruin Aulta. Walking through pleasant forest, we go past the azure-blue Cauma lake and finally reach the mountain resort Flims Waldhaus. Here, you may stroll around individually or have a late lunch.



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Ticket prices:

Zurich - Versam 22.50 CHF with Halbtax-card / 45.00 CHF without Halbtax
Flims Waldhaus - Zurich: 25.60 CHF with Halbtax-card / 51.20 CHF without Halbtax
(At railway ticket offices, you may get round-trip tickets Zurich – Versam and Flims Waldhaus – Zurich.)

Contact persons on activity day: Zhang Hongxia(079 766 9176), Gong Guanghai (076 412 0323)

Application:

Photography friends waiting the whole winter should now have the opportunity to show their talents! Sure this spring outing will provide us with excellent photographic themes.

If you decide to take part in this activity, please enter the requested information into the following online registration form before **09 June**. This would facilitate the contact in case of any changes.

<https://spreadsheets.google.com/viewform?hl=en&formkey=dExVSEVLQ0FCMzJrdG5IVVZKU1RHaWc6MA#gid=0>

Please be aware:

1. This activity is not convenient for small children, as there is a long way to walk. Thanks for understanding.
2. Depending on the weather and temperature forecast, please take warm clothes with you and protect yourselves from the sun (hat, sun cream) or eventual rain (jacket).
3. Bring hiking boots or very solid running shoes.
4. The only restaurants on the tour are at the starting and end points of the trail. Therefore, please bring some food and enough water with you to eat / drink underway.
5. There are no special requirements about photography equipments. Everybody is very welcome.
6. Should the weather conditions be unfavorable on 11 June, we consider postponing the event to Monday 13 June. You will be informed via Email.

Disclaimer:

All participants take part in activities at their own risk and are free to decide on the assurance issue. Organizers and the photography club of CUZ will not be liable for any damage of property or personal injury.

For more information:

http://www.wandersite.ch/Tageswanderung/523_Graubunden.html